

Facials

Dermalogica Facials

Mini Facial
30mins €30.00

Medicated Clearing Treatment

1 Hour €60.00
Deep cleansing facial to target acne. This powerful treatment is designed to aid the clearing of break outs & preventing future ones.

Age Smart

1 Hour €65.00
This treatment helps with the signs of ageing, stimulates quicker renewal & dramatically smooths the complexion & evens skin tone & improves skin clarity.

Environmental Control Facial

1 Hour €65.00
For irritated, inflamed or sensitive skin. A super-smoothing treatment including therapies to calm redness & reduce inflammation.

Total Eye Care

30mins €35.00
Intensive eye treatment to relieve stress, reducing puffiness, dark circles & wrinkles. Relieve sinuses with a drainage eye massage.

All facials include a 10 minute steam treatment and extractions.

Beauty Treatments

Hand and Foot Treatments

Using the Jessica Nail Range.
File and Polish €15.00
Mini Manicure €30.00
Luxury Manicure incl Paraffin €45.00
Mini Pedicure €30.00
Luxury Pedicure incl Paraffin €50.00

Waxing

Half Leg €20.00
Half leg and Bikini €30.00
Full Leg (incl. bikini) €40.00
Underarms €12.00
Bikini €15.00
Lip Wax €10.00
Lip & Chin Wax €15.00
Chest & Back Wax €50.00
Eye Brow Wax €8.00
Eye Brow Shape €12.00

Eye Care

*Eyelash Tint €15.00
*Eyebrow Tint €10.00
*Eyebrow Tint & Tidy €15.00
*Eyebrow Wax, Lash & Brow Tint €25.00

**Patch test required 24 hours prior to treatment*

Spray Tan

For an all year round bronzed body
½ Body €25.00
Full Body €40.00

A 50% cancellation fee will be enforced if less than 8 hours notice is given.



The *Spa* At

clubvitae
HEALTH AND FITNESS CLUB

dermalogica[®]

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Therapeutic Treatments

20/20 Bath & Back

Allow 50mins €50.00
Relax in the hydro therapy bath, then enjoy a 20 minute therapeutic back, neck & shoulder massage.

Swedish Massage

Allow 1 Hour €60.00
30mins €35.00
Using soft tissue techniques to ease muscle tension, leaving you feeling relaxed yet invigorated.

Aromatherapy Massage

Allow 1 Hour €60.00
30mins €35.00
Experience a complete sense of well being & relaxation, using aromatic essential oils. A variety of therapeutic massage techniques are used, easing away stress and muscle tension, leaving you feeling deeply relaxed.

Full Body Aromatic Deep Tissue Massage

Allow 1 Hour 15mins €75.00
First relax your muscles in an aromatic hydrotherapy bath, then enjoy a variety of intense massage techniques using essential oils, working deep into the muscular system & improving many of the bodies systems.

Hot Stone Massage

Allow 1 Hour 30mins €85.00
A warm, purifying & relaxing treatment, using hot volcanic and marine stones, the heat of the stones work into those aching muscles, bringing about a sense of total relaxation & wellbeing.

Reflexology

45mins €55.00
A pressure point massage that balances the energy flow around the body, thereby stimulating the body's own natural healing process.

Indian head Massage

45mins €55.00
Relieve the stress of everyday life with a relaxing series of movements on the upper back, upper arms, shoulders, neck, scalp & face.

Spa Specials

Refresh & Glow

Begin with a deep cleansing Mineral Salt Scrub, then lie back & relax in the Hydrotherapy Spa & allow the high pressure jets soothe your entire body. Finish with a one hour Head to Feet, Full Body Massage, leaving you completely refreshed & glowing!
Allow 2 Hours €110.00

Spa Heaven

Soothe your body with an aromatic soak in our Hydrotherapy Spa, infused with essential oils to calm and rebalance the senses. Then, drift away with an indulgent one hour Full Body Massage, followed by an Aromatherapy Facial tailored to your skin's specific needs. A heaven scent experience.
Allow 2½ Hours €140.00

Spa Renewal

A nourishing & rejuvenating experience beginning with a Spa Manicure and an indulgent Spa Pedicure. Then, once our soothing Back, Neck & Shoulder Massage has worked its magic, our Express Facial will leave you feeling completely relaxed and refreshed.
Allow 3 Hours €160.00

All Day Escape

Your relaxation & revitalisation are our sole focus in this sensory indulgence, beginning with a relaxing Hydrotherapy Spa followed by an invigorating Sea Salt Body Glow. Next, drift away with a one hour Full Body & Scalp Massage followed by a skin rebalancing and revitalising Aromatherapy facial & an eyelash tint to give new definition to your eyes. After a delicious lunch in our fabulous Coast Bar, you return for a luxurious and reviving Paraffin Wax Hand Treatment plus a File, Shape & Polish of your choice, finally finishing your truly indulgent day with a Spa Pedicure.
The ultimate spa experience!!
Allow 5 Hours €280.00

